



# Career Research and Self Sufficiency Essay

Name:

Date:

Directions: Using the self sufficiency calculator at <http://www.mepconline.com/self-sufficiency-standard-test/your-standard.php> write a one-two page essay based upon the information you gather. Refer to the topics listed below for the required elements to be included in the essay.

For each of the three jobs/careers include:

1. Job title
2. Entry hourly wage
3. Entry annual wage
4. Experienced annual wage
5. Does it meet the self sufficiency wage
6. Education
7. Job training
8. Demand for job (using link on calculator – “Finding jobs in demand by state”)

	Exemplary – 3	Satisfactory – 2	Unsatisfactory - 1	Rating	Weight	Score
Content	All 8 topics are included for each of the 3 jobs/careers	6-7 topics are included for each of the 3 jobs/careers or all 8 topics are included for 2 of the jobs/careers	Less than 6 topics are included for each of the 3 jobs/careers or not all three careers are included.		3	
Writing Skills	Sentences are fluent and effective. Very few errors in mechanics, punctuation, and word usage.	Sentences are usually controlled. There are minor errors in mechanics, punctuation, and word usage.	Sentences are generally adequate. There are lapses in mechanics, punctuation, and grammar.		2	
Presentation and Completion	Assignment is easily read and neatly assembled. All answers have been attempted. Presentation quality is excellent.	Assignment is adequate. Answers may be missing, incomplete, or too brief. Presentation quality is adequate.	Assignment is incomplete. Answers show lack of attention. Presentation is sloppy.		2	
Content Accuracy	90-100% of the facts in the essay are accurate.	80-89% if the facts are accurate.	Fewer than 80% of the facts in the essay are accurate.		3	
				Total Pts Earned		
				Total Pts Possible		30
				Percentage		